



Rise & Shine

High School ~ December 2023

<p>Additional Daily Breakfast Choices:</p> <ul style="list-style-type: none"> *Main Entrée *Cereal *Cold Pizza *Whole Grain Doughnut *Bagel & Cream Cheese *Assorted Muffins *Oatmeal Breakfast Bars *String Cheese *Yogurt *Cereal w/ Cracker 		<p>Daily Lunch Choices May Include:</p> <ul style="list-style-type: none"> Main Entrée Corndog Hamburger Pizza Choices Protein Packs Chicken Sandwich 	<p>1 BREAKFAST: Fresh Baked Cinnamon Roll</p> <p>Sloppy Joes Sweet Potato Puffs Variety of Fruits and Vegetables</p>	
<p>4 BREAKFAST: Pancake on A Stick</p> <p>Pasta with Meat Sauce Garlic Toast CA Veggie Blend Variety of Fruits and Vegetables</p>	<p>5 BREAKFAST: Homemade Breakfast Burrito</p> <p>Nachos with Taco Meat & Cheese Sauce Refried Beans Variety of Fruits and Vegetables</p>	<p>6 BREAKFAST: Grab & Go Options</p> <p>Pepperoni Rippers Tater Tots Variety of Fruits and Vegetables</p>	<p>7 BREAKFAST: Bacon, Egg & Cheese Breakfast Bagel</p> <p>Mandarin Orange Chicken, Rice 1oz Roll Fortune Cookie Green Beans Variety of Fruits and Vegetables</p>	<p>8 BREAKFAST: Fresh Baked Cinnamon Roll</p> <p>Tiger's Potato Bowl Mashed Potatoes White Cheese Sauce Corn, Cheese, Popcorn Chicken, 1 oz Roll Variety of Fruits and Vegetables</p>
<p>11 BREAKFAST: Pancake on A Stick</p> <p>Meatball Sub Homemade Chili Variety of Fruits and Vegetables</p>	<p>12 BREAKFAST: Yogurt Parfait w/ Granola & Crackers</p> <p>Cheese & Chicken Quesadilla Black Beans Churro Variety of Fruits and Vegetables</p>	<p>13 BREAKFAST: Grab & Go Options</p> <p>Chicken Nuggets Goldfish Crackers French Fries Variety of Fruits and Vegetables</p>	<p>14 BREAKFAST: Sausage, Egg & Cheese Breakfast Sandwich</p> <p>Funnel Cake Sausage Patties Hash Browns Variety of Fruits and Vegetables</p>	<p>15 BREAKFAST: Grab & Go Options</p> <p>1/2 Day Lunches Hamburger Chicken Burger Cheese Pizza Pepperoni Pizza Variety of Fruits and Vegetables</p>



Winter Break 12/18/23-1/1/24

This institution is an equal opportunity provider

Menu subject to change without notice