Proteins/Mains	Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish		Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish
Bacon									Chicken Chow Mein					x	x		
Bean and Cheese Burrito			x		x	x			Cheese American/parm/monz/sliced/grated			x					
Beef Crumbles					x				Chili					x			
Cheese Pizza Primary			x			x			twin pack sliders			x	x	x	x		
Cheese Pizza Secondary			x			x											
Chicken Fajita Meat					x												
Chicken Fried Steak			x	x	x	x	x										
Chicken Nuggets			x	x	x	x											
Chicken Patty Breaded			x	x	x	x											
Egg Rolls				x	x	x											
Fish Sticks/Fillets							x										
Hamburger Patty					x												
Hot Dog																	
Macaroni & Cheese			x	x		x											
Meatballs					x												
Pepperoni Hot Pocket			x			x											
Pepperoni Pizza Primary			x			x											
Pepperoni Pizza Secondary			x			x											
Polish Dogs					x												
Pot Stickers				x	x	x											
Ravioli			x		x	x											
Salisbury Steak						x											
Sausage Ground						x											
Sliced Ham					x												
Sliced Turkey					x												
Taco Meat					x												
Teriyaki Dippers					x												
Turkey Roasts																	
Whole Wheat Corn Dog			x	x		x											
Yogurt			x			x											

	Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish
Sides								
Canned Fruit								
Canned Veggies								
French Fries								
Fresh Fruit/Veggies								
Frozen Peas								
Mashed Potatoes								
Refried Beans								
Tomato Soup								
Veggie Beans								
Clam Chowder								
Chicken Gravy					x	x		
Country Gravy					x	x		
Beef Gravy					x	x		
Turkey Gravy					x	x		
Extra's	Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish
Plain Cream Cheese			x					
Spaghetti Sauce								
Pizza Sauce								
Alfredo Sauce			x					
Sweet and Sour Sauce					x			
Teriyaki Sauce					x			
Zesty Orange Sauce								
Enchilada Sauce								
Cheese Sauce			x					
BBQ Sauce								
Au Jus			x		x			
Ranch Dressing			x					
Caesar Dressing			x	x			x	

	Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish
Breads/Grains								
Brown Rice								
French Dip Rolls						x		
Goldfish Crackers					x	x		
Rye Bread			x	x		x		
Sunflower Seeds						x		
Waffles			x		x	x		
Whole Corn Tortilla Chips								
Whole Grain Pasta					x	x		
Whole Wheat Bagel						x		
Whole Wheat Bread			x	x	x	x		
Whole Wheat Bread Stick				x		x		
Whole Wheat Dinner Roll			x		x	x		
Whole Wheat Hamburger Buns			x		x	x		
Whole Wheat Hoagie Roll					x	x		
Whole Wheat Hot Dog Bun						x		
Whole Wheat Tortilla Shell					x	x		
Texas Toast			x	x	x	x		
Sugar Cookie			x	x	x	x		
Ciabatta Bread						x		
Bread Bowl						x		
Bluberry Muffin			x	x	x	x		
Chocolate Chip Muffin			x	x	x	x		
Pita Pocket						x		
salad wrap tortillas					x	x		
Croutons			x			x		