Proteins/Mains	Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish		Peanuts	Tree Nuts	Milk	Eggs	Soy	Wheat	Fish	Shellfish
turkey sausage			x		x	x											
breakfast pizza			x		x	x											
sausage roll up			x		x	x											
cinnamon rolls			x	x		x											
english muffin			x	x		x											
pancake on a stick			x	x	x	x											
waffles			x	x		x											
pancakes			x	x		x											
french toast			x	x		x											
ham					x												
bagel			x			x											
blueberry muffin			x	x		x											
chocolate chip muffin			x	x		x											
cereal						x											
cereal bar			x			x											
powdered sugar donut			x	x		x											
crackers			x	x		x											
yogurt			x														
apple pie						x											
cherry pie						x											
parfait			x														
cheese omelet			x	x													
scrambled eggs			x	x													
wheat toast			x	x		x											
breakfast burrito			x	x	x	x											
biscuit			x	x		x											
country gravy			x														